

LICHOŘEŘIŠNICE – CITACE Z VĚDECKÉ STUDIE

Název: **Major anthocyanins And antioxidant activity of Nasturtium flowers (Tropaeolum majus)**

Autoři: G. A. Garzón, R. E. Wrolstad

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Citace (str. 44): Because of their reported health effects, high availability and potential source of natural colourants, identification of the major ACNS and determinant of total phenolics, antioxidant activity and ascorbic acid content in orange Nasturtium flower is of interest.“

Citace (str. 49): „Blossoms of orange Nasturtium flowers represent a potential source of natural pigments due to their wild year round availability and edible character. **Petals of orange Nasturtium flowers also contains important amounts of phenolics and ascorbic acid and exhibit excellent free radical scavenging in vitro activity.** These properties may partially explain the wide use of this plant in the Andean herbal medicine. **Therefore, orange Nasturtium flowers could be a source of bioactive phytochemicals for human health and the functional food industry.**“

Lichořeřišnice:

Antioxidační aktivita

Zdroj přírodního barviva

Zbavuje volných radikálů