

MANDLOVÝ OLEJ – CITACE Z VĚDECKÉ STUDIE

Název: Protein Content and Oil Composition of Almond from Moroccan Seedlings: Genetic Diversity, Oil Quality and Geographical Origin

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Citace: „The high nutritive value of almond kernels arises mainly from their high lipid content, which constitutes an important caloric source, but does not contribute to cholesterol formation in humus, due to their high level of unsaturated fatty acids, mainly mono-unsaturated fatty acids (MUFA), because MUFA are inversely correlated to serum cholesterol.“

Překlad: